

# **RESEARCH PROJECT SUMMARY**

Atlantic Research Centre

## Name of Project:

Women's Narratives from the St. John's Native Friendship Centre: Using Digital Storytelling to Inform Community-based Healing and Violence Prevention

# Collaborating Friendship Centre and/or other urban Aboriginal organization:

Memorial University St. John's Native Friendship Centre

#### **Research Start-up Summary and Abstract:**

The St. John's Native Friendship Centre (SJNFC) has designed violence prevention initiatives aimed to provide services that empower women through mentorship, education, and culturally rich experiences. This project aims to understand the meaning of violence for women who use programs and services at the SJNFC. Using Digital Storytelling, this research will collect women's narratives in the context of their life story. This will be supplemented by open-ended interviews.

There are two components to this research project:

# Part 1: Digital Storytelling:

- This is the development of personal stories through the art form of film using music, artwork, photographs, audio/video clips, and text.
- Short films, ranging from 2-4 minutes will be created naturally through a 3-day workshop.
- The process involves sharing circles, including reading stories aloud to one another, to share and receive advice. This project will allow for the celebration of women by honoring and respecting their lived experiences.

Part 2: Open-Ended Interviews:

- Interviews will be informal, conversation-style, and open-ended.
- Interviews will take place within 1 month of the Digital Storytelling workshop post-production.
- The goals of the interviews are to elicit opinions and feelings regarding the phenomenon of violence and abuse, as well as their history with the SJNFC programs and activities.

• While the specific questions will be formulated in light of information gained from the narratives, some questions will be specific to how women perceive the programs at the SJNFC to be.

## **Engagement Objectives:**

To identify needs, strategies, and challenges for violence prevention services at SJNFC; to create a tool for violence healing strategies for the SJNFC; make recommendations for community-based healing and violence prevention programming nationally; and advance academic theory on decolonizing methodologies for research with Indigenous communities.

#### Main contacts:

Ashley Hong, MSc Candidate Faculty of Medicine, Division of Community Health and Humanities Memorial University Email: <u>hong.ashley88@gmail.com</u>

Breannah Tulk, Community Lead Community Programs Coordinator St. John's Native Friendship Centre Email: <u>btulk@sjnfc.com</u>