

[UAKN December 2017 Newsletter - Volume 5: Number 2](#)

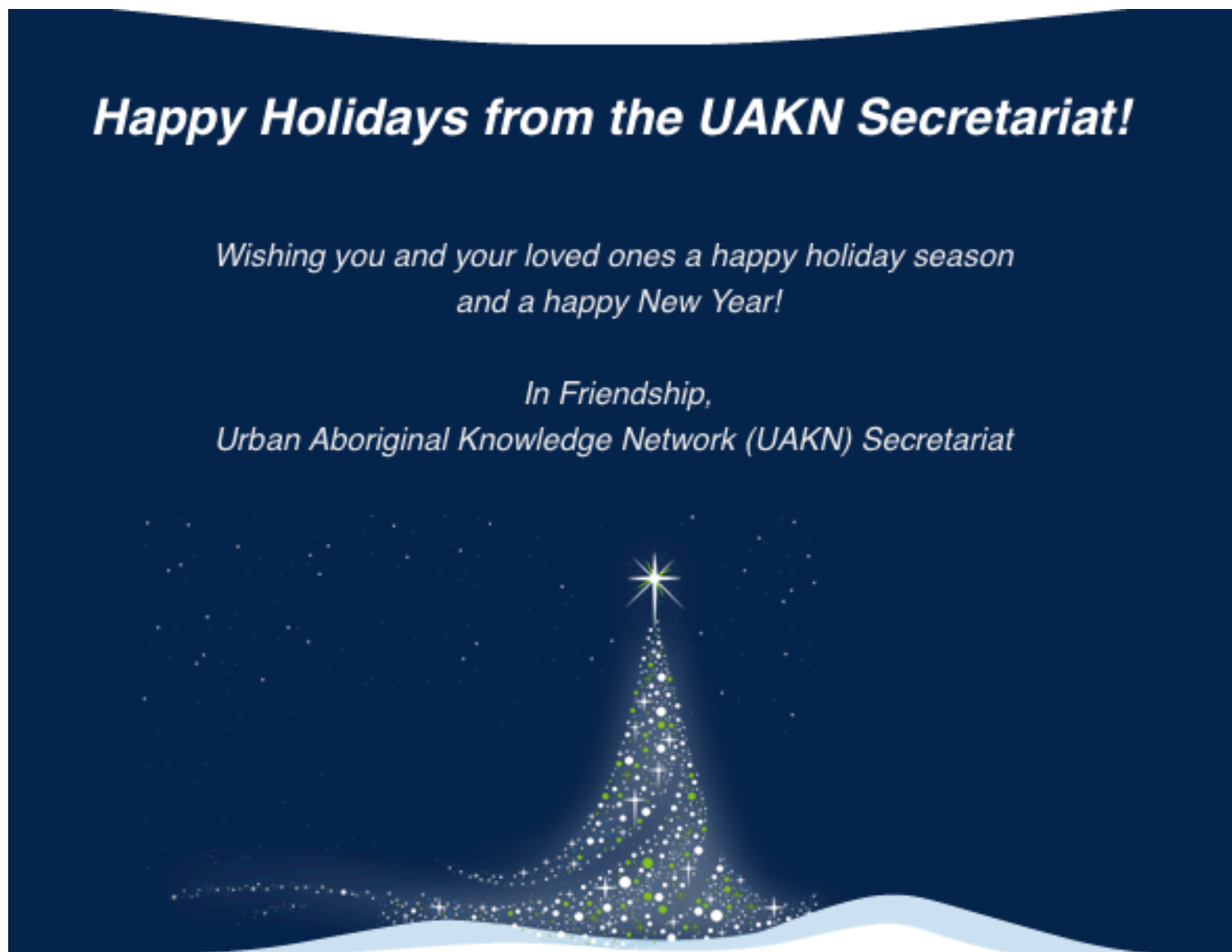
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UAKN December 2017 Newsletter - Volume 5: Number 2 **Urban Aboriginal Knowledge Network – Research for a Better Life**

Happy Holidays from the UAKN Secretariat!

*Wishing you and your loved ones a happy holiday season
and a happy New Year!*

*In Friendship,
Urban Aboriginal Knowledge Network (UAKN) Secretariat*



UAKN NETWORK DEVELOPMENTS

The Urban Aboriginal Knowledge Network (UAKN) is a research network built on partnerships with urban Aboriginal communities, policy makers, academics and student researchers engaging in community driven research aimed at fostering “mino-biimaadiziwin” – a phrase meaning the good life. This goal is achieved through funding high-quality, policy –relevant research that brings together perspectives from academia, government and the urban Aboriginal community. Through the work of over 80 formal partners and countless other supporters, we have over 70 UAKN community driven research projects occurring across the regions. The UAKN Secretariat is in the process of organizing its annual UAKN Network Council and UAKN Aboriginal Circle face to face governance meeting in the Winter 2018. The UAKN Secretariat is looking forward receiving all the final papers as the over 70 projects will be reaching completion this winter and spring of 2018. As we are in the fifth and final year of the SSHRC Partnership Grant,

we are increasing our focus on knowledge mobilization activities, final reporting and evaluation. We are also excited to begin sharing policy recommendations and the key themes that have come out of all of the community driven projects. To learn more about the UAKN visit, www.uakn.org.



UAKN SECRETARIAT PRESENTS AT CCCE ROUNDTABLE

The UAKN Secretariat presented at the Canadian Community Campus Engagement (CCCE) Roundtable meeting on October 26th, 2017. The strategic goals of this meeting were to explore design and function of CCCE community of practice and roundtable; discuss individual and collective actions and policy priorities; and design a communications platform and ongoing engagement activities. A presentation provided by Jennifer Rankin, Research Officer of the UAKN Secretariat at the National Association of Friendship Centres (NAFC) included insights about the value of true community driven research, UAKN project highlights, the NAFC's Research Framework and the UAKN's continued commitment to building and supporting community driven research capacity that leads to a better life for Indigenous peoples in Canada. The UAKN Secretariat looks forward to working with CCCE and contributing to their upcoming webinar series and other activities that look at creating opportunities for community driven research and its processes be highlighted. Stay tuned!

To learn more about the CCCE and Community First : Impacts of Community Engagement, visit: <https://carleton.ca/communityfirst/>

UAKN ATLANTIC ANNUAL GENERAL MEETING

On Nov 3rd, 2017, the UAKN Atlantic held its AGM in Fredericton, NB. Eleven of the thirteen original Advisory Committee members attended in person, with Amy Hudson from the Nunatukavut Government joining by teleconference. Clockwise are, guest Melanie Raymond and Pam Glode-Desrochers Mi'Kmaq Native Friendship Centre, Halifax; Patsy McKinney, Under One Sky Friendship Centre, Fredericton; Julia Hughes, Law Faculty UNB; Anthea Plummer, UAKN Atlantic; Josephine Savarese, Criminology and Criminal Justice, STU; Miigam'agan, Elder, STU; Carla Gregan-Burns, Government of New Brunswick; Verlé Harrop, UAKN Atlantic; Lisa Jodoin, PhD Candidate UNB; Lisa Cooper, Native Council PEI; and Christopher Sheppard, St. John's Native Friendship Centre. Absent are Neil Forbes, PEI who was home awaiting the birth of their first born and Wendy Wetteland, New Brunswick Aboriginal Peoples Council.

At the AGM, the Advisory Committee celebrated the launch of the “*Sharing Lessons Learned From Community-Driven Research Supporting Urban Aboriginal Children, Their Families and Caregivers*” report. In January 2017, the Public Health Agency of Canada (PHAC) Atlantic Regional Office contracted the Urban Aboriginal Knowledge Network Atlantic Research Centre (UAKN Atlantic) to carry out two national webinars and five follow-up workshops across Atlantic Canada. The purpose of these knowledge mobilization activities was to share lessons learned and promising practices identified in UAKN Atlantic funded research, which focused on deepening our collective understanding of and support for urban Aboriginal children, their families and caregivers. Contract activities also highlighted programs and services designed to support Labrador's Indigenous populations. The project events took place over a 31-day period. After the webinars, customized follow-up workshops took place in Moncton, New Brunswick; Halifax, Nova Scotia; Happy Valley–Goose Bay, Labrador; St. John's, Newfoundland; and Charlottetown, Prince Edward Island. Approximately 195 persons attended the webinars and 135 attended the workshops. In addition to generating lists of lessons learned and promising practices, northern and urban Aboriginal community groups, PHAC, and the UAKN Atlantic established future roles they could assume to better support Aboriginal children, their families and caregivers. Knowledge gaps and ongoing community-driven research opportunities were also identified.

PHAC is presently translating the report into French and once both versions are available they will be posted on the UAKN website. To learn more about the UAKN Atlantic visit here: <http://uakn.org/research-centre/uaknatlantic/>



UAKN Atlantic Annual Meeting Group Meeting Photo

Statistics Canada Releases its Key Results from the 2016 Census: Aboriginal People in Canada

Key Highlights:

- Rapid population growth among First Nations people, Métis and Inuit peoples are both young in age and growing in number. The 2016 Census reaffirmed these trends. New data also reveals both the changing nature and the diversity of the First Nations, Métis and Inuit populations.
- In 2016, there were 1,673,785 [Aboriginal people](#) in Canada, accounting for 4.9% of the total population. This was up from 3.8% in 2006 and 2.8% in 1996. (The NAFC / UAKN is working with Statistics Canada to better understand data related to the urban numbers for the population)

To read the full results: <http://www.statcan.gc.ca/daily-quotidien/171025/dq171025a-eng.htm> Check out the infographic on the Aboriginal population in Canada released by Statistics Canada!



The Aboriginal population in Canada

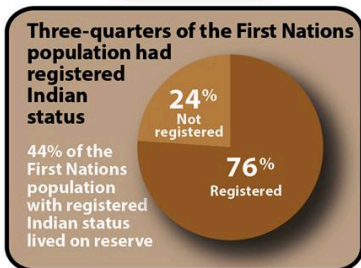
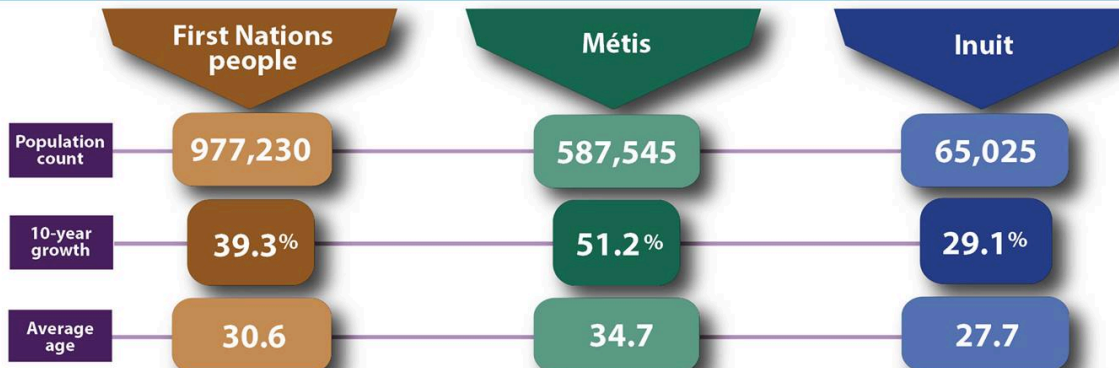
2016 CENSUS

The Aboriginal population in Canada is young and growing

Total population in 2016:
1,673,785
(4.9% of Canada's total population)

Growth (2006 to 2016):
+42.5%

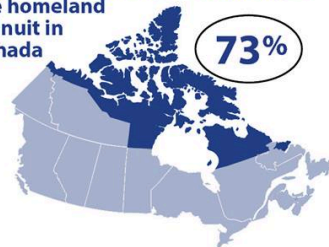
Average age:
32.1 years
(almost a **decade** younger than the non-Aboriginal population)



Eight CMA¹s had a Métis population of more than 10,000 people...

- Vancouver
 - Calgary
 - Edmonton
 - Saskatoon
 - Winnipeg
 - Toronto
 - Ottawa-Gatineau
 - Montréal
- ...which made up one-third (34%) of the Métis population
1. CMA = Census Metropolitan Area

The majority of the Inuit population lived in Inuit Nunangat, the homeland of Inuit in Canada



More than **70** Aboriginal languages were reported on the 2016 Census.

36 of those had at least 500 speakers.



Source: Statistics Canada, 2016 Census of Population.

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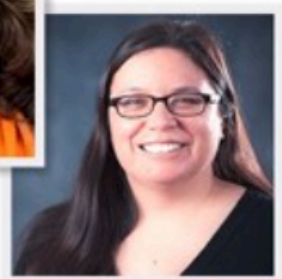
www.statcan.gc.ca/census

Voices from the Field



Episode 4:

mite achimowin (Heart Talk): First Nations Women Expressions of Heart Health study



Podcast with:

Lorena Fontaine, Annette Schultz & Lisa Forbes

NATIONAL COLLABORATING CENTRE FOR ABORIGINAL HEALTH FEATURES ARTICLE ON UAKN PRAIRIE RESEARCH CENTRE PROJECT

The *mite achimowin (Heart Talk): First Nations Women Expressions of Heart Health* study received funding from the CIHR (Canadian Institutes of Health Research; Aboriginal People's Health Institute) and SSHRC (Social Sciences and Humanities Research Council) through the Urban Aboriginal Knowledge Network in partnership with Nanaandawewigamig. The study, which took place in Winnipeg over 2015-2016, was a collaboration between the University of Winnipeg and the University of Manitoba. A podcast was recorded with the *mite achimowin (Heart Talk)* project team, including co-investigators Lorena Fontaine (University of Winnipeg) and Dr. Annette Schultz (University of Manitoba) and project coordinator Lisa Forbes. This audio recording provides an overview of the project and the main themes that resulted from the project. The research team acknowledges research collaborator Ivan Berkowitz, who enthusiastically introduced Lorena and Annette to each other and encouraged the *mite achimowin* project even in his final days.

To listen to the Podcast recording visit here:

<https://soundcloud.com/nccah-ccnsa/voices-field-heart-talk?in=nccah-ccnsa/sets/voices-field>

There were two phases of the project. The first phase brought together six First Nations women from across Manitoba for one week. Over this period, the women participated in learning circle discussions to explore and express their experiences related to their own heart health or caring for a relative with a heart health issue. From these discussions, the women produced digital stories (3–5 minute videos) touching upon various themes affecting First Nations heart health including: transitions from traditional to westernized lifestyles and diets; the trauma of residential schools; racism; access to medical care; culturally unsafe health care; subjugation of culturally-rooted medicines, and economic

and geographic marginalization.

The three videos and the full article can be accessed here:

https://www.ccnsa-nccah.ca/563/mite_achimowin_-_Heart_Talk.nccah



UAKN
Urban Aboriginal
Knowledge Network

RCaU
Réseau de connaissances des
Autochtones en milieu urbain

2016-2017

SUMMARY OF RESEARCH

UAKN 2016-2017 Summary of Research

The Urban Aboriginal Knowledge Network 2016-2017 Summary of Research highlights the over 60 UAKN projects taking place across the regions and the over 20 final papers.

To view the full report, visit here:

<http://uakn.org/uakn-2016-2017-summary-of-research-is-now-available/>



aboriginal insight

N E W S L E T T E R

National Newsletter Fall 2017

Ce bulletin est aussi disponible en français.

The Aboriginal liaison program supports the Indigenous community in making the best possible use of Statistics Canada's information and services.

To subscribe to this newsletter, send an email to the regional advisor in your area.

2017 Regional Discussions

Statistics Canada will be holding discussions across Canada seeking input from data users, stakeholders and Aboriginal people to review the Aboriginal identification questions used in the Census and other surveys.

As you may be aware, census data are used for allocating funding, research, transfer payments, planning (schools, hospitals, roads etc.). If the data don't reflect the population then they could ultimately affect resource allocation in unintended ways. Therefore there is a need to have current and relevant terminology to best provide Statistics Canada with as complete and accurate counts as possible.

Statistics Canada has released its Fall 2017 Aboriginal Insight National Newsletter

The Aboriginal liaison program supports the Indigenous community in making the best possible use of Statistics Canada's information and services. Find out the latest information on data releases, statistics, and Aboriginal specific initiatives.

To view this newsletter visit here:

<http://uakn.org/fall-2017-aboriginal-insight-national-newsletter-is-now-available/>



UAKN

Urban Aboriginal
Knowledge Network

DID YOU KNOW? UAKN LOGO

The UAKN logo was created by using 3 line drawn Aboriginal elements that work together to create a flame. The flame represents cleansing and renewal and connects the three Aboriginal elements: the feather a ceremonial object representing strength, loyalty, honesty and compassion, the Métis sash an integral part of cultural celebrations and the Inuit Qulliq a stone lamp representing the light and warmth of family and community.

Indigenous Health Conference

May 24-26, 2018 - Hilton Mississauga Meadowvale Hotel | Toronto, ON



Abstract Submission

Call for abstract submissions to the Indigenous Health Conference (IHC): Walking Together. The 2018 conference is designed to help health care providers understand how Indigenous ways of knowing with respect to health and well-being can be utilized in health care approaches for Indigenous peoples. There will be an emphasis on healthy environments, spanning from ecological health of the planet to the determinants of health. **Call for Abstracts can be found here:**

<https://www.cpd.utoronto.ca/indigenoushealth/abstractsubmission/>

HOW TO GET INVOLVED IN UAKN RESEARCH?

We are pleased to announce that as we enter year five of the five year SSHRC partnership grant that we have over 70 UAKN research projects with over 25 final papers submitted that are available on the UAKN website and more to come! We are excited to be able to share the research results with communities, policy makers, academics and others to demonstrate the impacts that community driven research can have.

At the UAKN, we believe community driven research is truly innovative and we are always looking to expand this network. Our best partners are Friendship Centres and other Aboriginal community based organizations. We encourage you to contact us if you would like to learn more about UAKN research.

Would you like to contribute or share something with the UAKN Newsletter?

The UAKN Secretariat is happy to accept all submissions related to community driven research and topics surrounding urban Indigenous health and wellness.

Please submit to:

Jennifer Rankin, UAKN Secretariat Research Officer at jrankin@nafc.ca



Facebook



Twitter



Website

Regional Research Centres are hosted at the following universities:



National Association of Friendship Centres
Association nationale des centres d'amitié



UAKN | RCDU
Urban Aboriginal Knowledge Network | Réseau de connaissances des Autochtones en milieu urbain
National Secretariat



Social Sciences and Humanities Research Council of Canada

Conseil de recherches en sciences humaines du Canada



Indigenous and Northern Affairs Canada

Affaires autochtones et du Nord Canada

Our mailing address is:

275 MacLaren Street
Ottawa, ON K2P 0L9

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For more information contact: uakn@nafc.ca

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